

# Kia Manawanui

Te Rāwhiti & Te Rā Pānui 25 May 2021



## CO-PRINCIPALS' MESSAGE

**Ngā mihi ki a koutou e te whānau whānui,  
dear parents, families, and friends.**

If you are reading this newsletter, you would have noticed that we are now publishing online! Hopefully, the reading experience from your end is just as pleasant and informative. From our end, we appreciate the simplicity of being able to focus on content rather than formatting!

This is the week of the Whitsun festival, a Christian festival which Rudolf Steiner called the “Festival of the Free Individuality”. Whether or not you are church-going people, the messages of what is sometimes also called ‘Pentecost’ might speak to you just as strongly: this festival acknowledges our human differences, including those of culture and language, yet gives us a sense of being united through being members of one single humanity. Whitsun therefore highlights one of the greatest challenges of being human: placing our individual gifts in the right relationship within the social realm. Of course, this challenge has been especially poignant in the last 12+ months. As families and friends across the world have been separated by Corona-induced restrictions and lockdowns, we have all noticed how we still remained connected through sharing the same or similar experiences.

Each year, we celebrate this with our school children. As a musical symbol of the balance between the individual and the collective, we enjoy listening to Class 6 students playing large brass bells (kindly lend to us by Raphael House): they each sound beautiful on their own, and together create stunning harmonies in chords. Class 1 children bring paper doves they made in class to decorate the hall. An ancient text referencing the creative power of the word, the first verse of the Book of John ("In the beginning was the word") is spoken in 7 different languages. And most impressively, we sing our now traditional Whitsun song – in 8 parts, each expressing the same message in a different language, essentially a call for peace. Wishing you all a peaceful week, me ngā mihi mahana, nā

**Kerstin & David**

## TE RĀWHITI KINDERGARTEN

### Kindergarten Kaiārahi term 2 update

We would like to welcome Carrie Eames in as our interim Te Rāwhiti Co-ordinator and Administrator (not the full Kaiārahi role) until the end of term two. She will be starting this week and will be working most mornings in the office area. She will be the first point of contact for whānau for general queries, will manage co-ordination between school, office and kindergarten on practical matters and will work through some project initiatives as needed. Suzi is continuing with us for term two focusing on compliance, policy and procedures. Shelley Wrigley



## EMERGENCY MANAGEMENT

We recently reviewed and updated our Emergency Planning. Our chance to check out some new procedures was during a whole kindergarten and school evacuation drill last week (as part of a fire drill). Not that it's a competition ... but we're still chuffed with how well it worked! Evacuating 4 kindergarten groups and 7 school classes – and in an orderly fashion - in less than 3 minutes was rather impressive! Our assembly areas for evacuation have changed and worked well.

Those of you who have downloaded School Apps onto your phone would have received a notification. See the office message below – this app is our most reliable pathway for sending messages in a civil defence scenario. While we would also try to send emails, that would require a more reliable access to a mobile phone network if our usual office network is not available to us.



There will be more information about our emergency management for our whānau soon – watch this space!

Kerstin & David (for our Emergency Management Team)

## PLEDGE % REPORT

We have a current pledge paid to date of 35.93%. Thank you so much to everybody who is paying the special character pledge through Kindo on a regular basis. Our target for the end of May is 37.69%. We are nearly at our target!

We ask that you apply any balances in your Kindo account to any payables that are loaded. As always, if you have any concerns about your special character pledge to our wonderful school, please feel free to contact me or pop in to see me in the office between 9.00 am and 3.00 pm each day.

Rhonda, Executive Officer

## FROM THE OFFICE

### Reminder - School Apps

In a Civil Defence emergency, it is likely that the cellphone networks might become overloaded and may not work efficiently. Therefore instead of sending bulk texts, we will send out information to parents via School Apps. Please download School Apps to ensure you receive any notifications from the office in an emergency situation.

School Apps is available for Apple and Android.

### Absentees

Absentees can now be notified to the school via the School Apps system. We would prefer that absentee information is sent via email, using the app. This system is easy and it saves the information for you to use next time. You can also use the absentee email system to advise if your child will be late to school (although they will still need to sign in when they arrive).

We ask that absentees be notified to the office by 9.00 am each day.



The logo for School Apps NZ, featuring the text "School Apps NZ" in white on a black background, with "snApp mobile" written in smaller text below "Apps".

School Apps<sup>NZ</sup>  
snApp mobile

The logo for kindo., featuring the word "kindo." in white lowercase letters on a teal background.

kindo.



## BIG SWAP - Tuesday 15 June 2021

Come along to the Big Swap from 1.30pm-3.00pm in our School Hall  
Bring along your unwanted goods and find some treasures.



## Eurythmy Classes (for 17 yrs and over)

I have had expressions of interest in joining a eurythmy class.  
It is always difficult to find a time which suits all. The class  
will take place in the hall on Mondays from 2 pm to 3 pm,  
starting next Monday, 31 May.

If you are interested but the time does not suit you, please let me know.

In order for the participants to experience continuity I would ask for a termly commitment.

Costs will be \$15 per session.

Please contact me at 02102491166 or [elienhoffmans516@gmail.com](mailto:elienhoffmans516@gmail.com)

*Elien Hoffmans*



## RAPHAEL HOUSE UPPER SCHOOL TALK

Te Rā School Hall 26 May



**Are you planning for your child to attend the Upper School at Raphael House Rudolf Steiner School?**

**Would you like to know more?**

We are holding a Parent Information Evening at the Te Rā School Hall on  
Wednesday 26 May at 7.00pm.

Hosted by our Deputy Principal and Upper School Coordinator,  
Grant Rossiter, Class 8 Transition Teacher, Katie Rustleund and some of our current  
Class 12 students.

If you have any questions regarding the enrolment process at Raphael House  
please do get in touch with our Executive Officer, Katie Musk.



[enrol@raphaelhouse.school.nz](mailto:enrol@raphaelhouse.school.nz)  
04 569 5161

## CONVERSATION / WORKSHOP WITH LENKA

### Workshop/conversation:

How to talk (to kids) about sex/sexuality/their bodies.

This explorative, discussion based workshop is designed to empower parents, whanau and anyone who spends time with children to be part of laying a foundation for positive, safe, healthy sexuality for the adults they will grow up to be.

Topics of conversation will be somewhat guided by the interest of the group but is likely to include:

How to answer children's questions about sex, sexuality and their bodies in a relaxed, age appropriate way.

How to not pass our own inhibitions and discomfort onto the kids around us.

Sex and body positivity and how to instill that in the kids around us.

Talking to kids about sexual and gender diversity in themselves and the people around them.

Helping kids feel confident knowing and holding their boundaries.

This workshop will include strategies and insight into sexual abuse prevention - but will not cover all aspects of it.

The workshop material will be applicable to children and teenagers of all ages.

Facilitator:

My name is Lenka. I'm a mum of 4 Te Rā kids (Class 1, Class 4, Class 6 and now year 11 at Kapiti College). I work in private practice as a psychotherapist - with a particular interest in sex and sexuality. My professional background includes being a community educator in sex education, healthy relationship, and sexual violence prevention for young people and adults and providing social work support and counselling to survivors of sexual and domestic violence. I am a pakeha woman. The idea's informing the workshop content are inspired by psychotherapy and sex therapy as well as my personal experience as a person and as a mum.

Values of intersectionality, sex positivity, anti-racism, and gender and sexual diversity are held in mind for me when talking about these topics.

This workshop is free to all members of the community.

Bring something yummy to share if you have energy and inclination.

The workshop will run for 2 hrs in the Te Rā School Hall, from 6:30pm on Tuesday, 29 June.

This will only go ahead if there are 12+ people interested in attending. Feel free to contact Lenka with any questions and let her know prior that you will be coming.

## COMMUNITY NOTICES AND ADVERTISING

These notices may not reflect the opinions of kindergarten & school.

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### **"A Mid-Year Rejuvenating Festival of Story"**

Beginners and experienced tellers welcome. Energising workshops, activities, and open floor. Relaxing bush setting with walking tracks. Saturday 5th June 1pm - 9pm, Sunday 6th June 10am - 4.30pm in Pukerua Bay. Cost \$50 waged, \$35 unwaged. Includes two light meals, tea and coffee. Please text Judith Frost-Evans on 021-1121244 or email [judytravelling@hotmail.com](mailto:judytravelling@hotmail.com) to register or for further information. Limited numbers.

### **Wanted**

Piano (not "keyboard") teacher, with a love of music, a good ear and a kind smile, for a beginner pupil. Email [michael@snowfield.net.nz](mailto:michael@snowfield.net.nz), or phone 04 902 1203.

### **Tough Guy and Gal Challenge**





Good luck to the Te Rā children who have entered independently into the Tough Guy and Gal Challenge that is on in Wainuiomata this week. For those wanting to find out more about this annual event you can find out the details on the Event Promotions website. Students can gain NCEA Level 2 and Level 3 credits for completing the Secondary School Tough Guy and Gal Challenge and the adult events are hugely popular as well.

### **Dirt Duathlon Series**

Have you got one of those kids who loves to be outside, has a thirst for biking, loves a day out, is just an all-round outdoor enthusiast and a good egg? Well bring them along to the Dirt Duathlon adventure racing series.

June, July and August 2021 based between Wellington and the Horowhenua.

Each event is approx. 3-4hrs.

Minimum age is 10 and must be accompanied by an adult.

This is some serious fun![www.dirtduathlon.co.nz](http://www.dirtduathlon.co.nz)

### **Kapiti Music Centre**

We currently have a couple of openings for term 2, 3 and 4 in the following classes:

Introduction to Music: (Tuesday afternoons) Aged 5+

Introduction to Music is a course for young children using singing, percussion, recorder, and games to introduce the basics of music.

Recorder: (Beginner-Tuesday's afternoons) Aged 6+

Instruction is based around recognition of written music, timing and playing as a group.

Clarinet/Saxophone: (Monday afternoons/evenings) Aged 9+

The Clarinet makes a great starting point for kids getting into music as it is small and light enough for younger hands. Techniques learnt on the clarinet transfer very nicely to the saxophone. Saxophone – learn theory and practical skills with this soulful instrument.

Trumpet: (Monday afternoons/evenings) Aged 9+

The trumpet is very versatile, tonally bright and fun to learn.

Flute: (Monday afternoons) Aged 8+

Explore the beautiful tone qualities of the flute.

Please email us on [admin@kapitimusiccetre.org.nz](mailto:admin@kapitimusiccetre.org.nz)

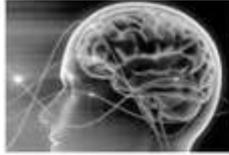
[www.kapitimusiccetre.org.nz](http://www.kapitimusiccetre.org.nz)

### **Discounted admission for visitors to Ngā Manu who 'Gumboot Up'!**

Put on your gumboots and come and have some fun at Ngā Manu! The I Am Hope Gumboot Friday campaign is raising funds for free counselling for any kid who needs help. For people struggling with depression, it can feel like walking through mud every day, so show your support, wear your gumboots to Ngā Manu, and take a walk in their shoes for just one day. Visitors who 'Gumboot Up' will receive discounted admission: Adults – \$10, Seniors/Students – \$8 and Children – \$5, with 50% of the proceeds going to the I Am Hope campaign (The Key to Life Charitable Trust) and 50% to the Non-profit Ngā Manu Trust.

Take part in our Gumboot throwing contest at midday and watch the eels being fed at 2pm. It's a fun way to join in the mental health conversation, while raising money to provide free and timely counselling for any young person in need.





## **Feldenkrais Group for Children**

*Using the mind to improve movement  
& movement to improve the mind...*



Feldenkrais is a revolutionary method of movement that promotes wellness and healing through accessing brain plasticity.

It has been profoundly beneficial for many neurodiverse children on the spectrums of ADHD, learning disorders, dyslexia, Autism, or brain damage.

Local practitioner, Fergus Wheeler (20 years experience) is willing to run **GROUP SESSIONS for CHILDREN** if there is enough interest

**For more information contact**  
[nzfwheeler@gmail.com](mailto:nzfwheeler@gmail.com)

*"I have seen children whose parents were told their brain-damaged children would never walk, or talk, or be able to think well or regulate themselves, begin to do just that with this gentle technique"*

*Norman Doidge MD, Author of "The Brain's Way of Healing"*

### **HOCKEY - NZ vs Australia – in Palmerston North this week and next**

Some great hockey is coming to the Manawatu this week and next. Limited tickets are still available via the Hockey NZ Website! Children under 15 are free but they also need a ticket reserved online. The Kookaburras are arguably the best in the World at the moment, winning the International Pro-league event in 2020. All teams are bringing squads and are using this as their final selections for the Olympics. Fast, intense, skilled hockey is guaranteed!

Sentinel Homes Trans-Tasman series

27 May – 1 June

Massey University, Palmerston North

#### **Thursday 27 May**

5.30pm Vantage Black Sticks Men v Kookaburras

7.30pm Vantage Black Sticks Women v Hockeyroos

#### **Friday 28 May**

5.30pm Vantage Black Sticks Men v Kookaburras

7.30pm Vantage Black Sticks Women v Hockeyroos

#### **Sunday 30 May**

1pm Vantage Black Sticks Women v Hockeyroos

3pm Vantage Black Sticks Men v Kookaburras

#### **Tuesday 1 June**

5.30pm Vantage Black Sticks Women v Hockeyroos

7.30pm Vantage Black Sticks Men v Kookaburras

Tickets can be purchased at [www.blacksticksnz.co.nz](http://www.blacksticksnz.co.nz)



All eight matches will be broadcast live on SKY Sport.



## DIARY OF DATES 2021

Wed 26-May

Raphael House Upper School Talk and Information Evening – in Te Rā School Hall 7:00pm – 8:00pm

Wed 26-May

Class 3 Parent Hui 7:00pm

Thur 27-May

Whitsun Festival – During School Day  
(for school children only, not whanau event)

Tue 1-Jun

Class 7 Visit to Raphael House

Wed 2-Jun

Class 4 Parent Hui 7:00pm

**Mon 7-Jun**

**Queen's Birthday - No School/Kindergarten**



**Tue 8-Jun**

**Teachers Development Day – No School/Kindergarten**

Wed 9-Jun

Kapiti Interschool Cross Country, C4-7

Wed 9-Jun

Class 1 Parent Hui 7:00pm

*Thurs 10-Jun*

*PP Date Kapiti Interschool Cross Country*

Sat 12-Jun

Working Bee (afternoon only)

12:00-4:00pm

Mon 14-Jun

Class 8, 2022 Raphael House interviews at Te Rā School during the day

Tue 15-Jun

Big Swap in Te Rā School Hall 1:30-3:00pm

Wed 16-Jun

Kapiti College Open Day & Parent Evening

Wed 16 June

Class 7 Visit to Kapiti College 12:10-2:40pm

Wed 16-Jun

Class 2 Parent Hui 6:30-8:30pm (shared kai at 6:15pm)

Fri 18-Jun

Raphael House Eurythmy Performance at Te Rā for adults and school children

Tue 22-Jun



Information Session 2:30pm

Wed 23-Jun

St John Lantern Festival, 6-7:30pm School

*Thurs 24-Jun*

*PP Date - St John Lantern Festival*

Fri 25-Jun

Raumati Kindergarten Groups Matariki Festival

Fri 2-Jul

Sharing Assembly – In Hall from 9:30am

Tue 6-Jul

Interschool Regional Cross Country – For Qualifiers Only

*Thurs 8-Jul*

*PP Date Interschool Regional Cross Country*

**Fri 9-Jul**

**Last Day Term 2**

Sun 11-Jul

Community Matariki Celebration TBC

**Mon 26-Jul**

**First Day Term 3**

2 -13 Aug

2 weeks of Parent Teacher Interviews

Tue 10-Aug

Information Session 2:30pm



Wed 18-Aug

Kapiti Interschool Junior Winter Tournament Classes 5 and 6

*Fri 20-Aug*

*PP Date Kapiti Interschool Junior Winter Tournament*

Mon 23–Fri 27 Aug

Wiki o te Mahi Tahī

**Mon 30-Aug**

**Mid Term Break. No School/Kindergarten**

**Tue 31-Aug**

**Teacher Development Day. No School/ Kindergarten**

Tue 7-Sept

Parent Evenings for Korimako, Ruru and Kereru Kindergarten Groups 7:30pm

Tue 7-Sept

Kapiti Interschool Senior Winter Tournament Classes 6 and 7 - *Note date change, was originally on Tue 14 Sept*

*Thurs 9-Sept*

*PP Date Kapiti Interschool Senior Winter Tournament*

Tue 14-Sept

Information Session 2:30pm

Fri 17-Sept

12:30pm Finish for Kindy & School

Sat 18-Sept

Open Day

**Fri 1-Oct**

**Last Day Term 3**

**Mon 18-Oct**  
**First Day Term 4**

Tue 2-Nov  
Information Session 2:30pm

Fri 12-Nov  
Kapa Haka Fundraising Evening

**Mon 22-Nov**  
**November \*Teacher Dev. Day (\*No School - Kindergarten will be on as normal)**

Sat 27-Nov  
Advent Wreath-making

Mon 29-Nov  
Raumati Kindergarten Groups Advent Festival

Tue 7-Dec  
Information Session 2:30pm

Fri 10-Dec  
Christmas Market (TBC)

**Wed 15-Dec**  
**Last Day for Kindergartens**

**Thurs 16-Dec**  
**Last Day for School 1:00pm finish**

**Our Website**



## Te Rā Waldorf School School App

GOOGLE PLAY

APP STORE



## Contact Us

 Facebook

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 office@tera.school.nz

 04 292 7072

 tera.school.nz/

