

KIA MANAWANUI

Te Rāwhiti & Te Rā Pānui 26 July 2021



CO-PRINCIPALS' MESSAGE

**Nau mai hoki mai - welcome back to kindergarten & school!!!
Ngā mihi nui ki a koutou e te whānau whānui,
dear parents, families, and friends.**

The rain couldn't put a damper on the first day back today as our kindergarten children and school students returned with lots of energy and excitement to reconnect with friends and teachers. Unfortunately there is still some sickness around - check out our notice re RSV further below in this newsletter. And tummy bugs too, I hear - we wish anyone affected by this a speedy recovery and hope to see your children back soon!

During the term break, I had the privilege and pleasure of travelling up to Taikura Steiner School in Hastings with 10 other colleagues to the four-day Kolisko conference (named after Eugen Kolisko, an Austrian physician and educator who taught at the first Waldorf school in Stuttgart in the 1920s and 30s). Kolisko conferences are held around the world and bring together health professionals and teachers, providing opportunities for mutual exchange and inspiration. Sometimes, Waldorf education has been referred to as a "healing education" - today. As we continue to look for new and better ways to meet the diverse needs of our students, this aspect of our jobs is just as relevant for us teachers as it was 100 years ago, when a young generation and their parents was traumatised by



their families' experiences of a World War: "Striving for Identity through the Challenges of Anxiety, Stress and Depression" was the theme of this conference, and over 250 attended (see the snapshot below).

This huge audience enjoyed a fantastic range of keynote speakers, a rich selection of workshops and an emotional as well as hilarious play performed by Rob Mokaraka. This play in itself was an incredible performance and dealt with the most difficult, sad and confronting topics in honest and truly heartfelt ways - aroha mai, aroha atu! We Te Rā & Te Rāwhiti teachers returned back to our 'dayjobs' well nourished in mind and soul.

A particular highlight for me was the realisation that the expert perspectives held by those on the coal face of social work and in mental health align with the aspirations and wishes that, as parents, we hold for our own children. To name just a few ...

- A sense of belonging through a deep relationship with our environment and our cultural biographies, to stand strong in who they are and who they are becoming.
- A sense of a higher purpose in life to provide guidance in an ever more confusing and complex world, enabling them to make good choices and decisions.
- The ability to form and maintain healthy, trusting connections with others.

With a new Strategic Plan for our school in mind, this is so much the direction we want to move into more consciously, and the heartwarming inspiration was just perfectly timed!

Other takeaways from the conference ... we are pleased to warmly invite you to two amazing evening talks for our whānau:

- Edith Van der Meer, one of the conference organisers, is going to talk about **The gift of childhood - how can we protect it? (Tuesday 3 August 7pm)**.
- And we have been lucky to catch Mary Willow (who facilitated a workshop and presented) just before she is off on a sabbatical, for one of her fantastic talks on **child development and parenting (Thursday 19 August 7pm)**.
- Both of these will be in the hall, entry by koha

Hope to see you there :-)

Ngā mihi mahana, nā **Kerstin & David**



TE RĀ PĀNUI: WHĀNAU TEACHER INTERVIEW - BOOKINGS

Each year in term 3, class teachers offer these individual meetings to touch base with parent and

report as much as on wellbeing and learning of the children. Please take advantage of these meetings - yes, our time is precious, and so are our children!

Information on how to make bookings will be sent out via email.

Please note that to avoid teacher-overload, we ask that there is one 15-20 minutes meeting for each child. If additional time is required this can be arranged with the class teacher.

THANK YOU TO OUR WOODCHIPPING HELPERS !!!

Big thank you to Javed and Ramunas for responding to the call from Emile and lending a hand woodchipping - ngā mihi ki a kōrua, so mu(I)ch appreciated!



TE RĀWHITI PĀNU

A full update was sent out last week to families and whānau so here are just some key highlights are included below for the kindergarten this newsletter.

STAFFING

We welcome back kaiako Becky to Riroriro after her term two injury recuperation. We are still without a Kaiārahi and the Trust has been meeting regularly to look at different ways to best structure this role. This is still work in progress, and it has been determined that we will not rush to an appointment until we are sure of the breadth of the role, skillset required, how the role reports through to a governance group and even where they may have an office space on the school site. In the meantime Carrie will continue to co-ordinate practical and administrative matters, your child's Kaiako should be your first port of call for all questions relating to your child, and I am available on the above email for any follow up queries. If you are at all unsure who to talk to about anything check with Carrie or your child's kaiako.

POLICY CONSULTATION

Carrie will be in touch shortly with the process on how to provide feedback on our kindergarten policies. An enormous amount of work was completed behind the scenes in term two, bringing our policies out of the school realm and updating for practical kindergarten use. This is very much the work of Vanessa and Suzi for which we offer much thanks.

SIGNING IN & OUT

Please remember to sign your child/children both in and out and note the exact time too. Our kindergarten relies heavily on government funding and government funding is paid based on the times you have marked down being entered into the funding system. We are unable to load data if not signed.

PARENT/WHĀNAU EDUCATION

Term 3 looks to be filled with opportunities for parents to attend education evenings and meetings with kaiako. Please do make the effort, where you can, to attend these. These give you, as whānau, a glimpse into your child's world. These glimpses help us, as parents and caregivers, support their journey. And it's a great opportunity to share and pick up strategies we may never have dreamt up on our own! Look out for the various notices in this newsletter.

MESSAGE FROM THE TE RĀ SCHOOL BOARD

School boards actively manage adherence to the COVID-19 health and safety measures outlined on the Ministry of Health website. Under the Health and Safety at Work Act 2015 boards must so far as is reasonably practicable, consult, co-operate with, and co-ordinate health and safety activities with the Ministry of Health in health and safety matters related to improving, promoting, and protecting public health.

As per the Ministry of Health's *Professional Standards for School-based Immunisation Service Delivery*, it is the role of each board to decide whether to allow that the school premises be used for vaccinations to be administered. The Te Rā School board has decided to not allow the use of our premises for the purpose of vaccination. This applies for all vaccination programmes, including those against COVID-19.

Te Rā School will continue to pass on all directives of the Director General of Health and communications from the Ministries of Education and Health or the DHB regarding COVID-19 to our whānau through our normal communications channels, to ensure our whānau remain fully informed.

Michael Freeman (on behalf of the Te Rā School board)

TERM 3 POLICY REVIEW

This term, we are seeking community feedback as we are reviewing two of our SchoolDocs policies:

1. Behaviour Management
2. Concerns and Complaints

Please follow the link to access [School Docs](#), login (user name and password can be obtained from the office) and click on "Current Review".



Home

Current
Review

Useful
Links

1. Follow the link to each policy in the review table.
2. Read the policy.
3. Click the red Policy Review icon at the right-hand top corner of the page. A new screen will appear.
4. Select your role (board member, staff member, or parent/caregiver) from the drop-down list.
5. Enter your name (optional).
6. Submit your ratings and comments.

If you don't have internet access, school office staff can easily provide you with printed copies of the policy and the [review form](#).

MATARIKI COMMUNITY FESTIVAL



Our community Matariki gathering brought a large circle of adults and children together in the hall, in the spirit of te ao Māori, to share memories of those who passed, and wishes for the new year ahead. Ngā mihi nui ki a koe, Rongo – he ataahua te whakahaere nāu, thank you for preparing and holding this celebration so well! The karakia that called to the sun seemed to bring it the strength for the sunshine to prevail through the light drizzle – which dampened only the ground, but not the mood! It was wonderful, from the magic of the candle lit hall to the last crumb of kai by the glowing embers of the bonfire on the top field!



SUPPORTING OUR COMMUNITY - SUPPORTING WHĀNAU



Kapiti Community Expo

Food/Kai will be plentiful with many prizes

Whānau Wellbeing Hub

Te Oranga o te Hāpori katoa

supporting whānau/families to flourish on their parenting journey.

Kia mau ki te Aka Matua, Ehara ki te Aka Taepa

**Karakia 11.00am,
Amazing Race 11.30am &
Star Jam Musical
Performance at 1.30pm**

PRIZES

\$200 Warehouse Voucher
\$100 Pak'n Save vouchers
\$100 Countdown vouchers
\$300 Mystery selection



For further information please email whanauwellbeing@kapiti.school.nz

**7th August 11am - 3pm
20 Iver Trask Place
Kapiti Primary School Hall**

Come along to the Kapiti Community Expo to hear about the many community providers that support health and wellbeing of our whānau and families

Community Organisations joining the Expo include:

Kapiti Health Advisory Group, Volunteer Kāpiti, Cancer Society Kapiti Support Centre, WellAble, Hora Te Pai, Kapiti Impact Trust/Challenge for Change, Te Ara Korowai, Dementia Wellington Charitable Trust, Kai Ora-he mara kai, Regional Stop Smoking Service, Kapiti Womens Centre, Kapiti Coast Grey Power, Loss & Grief Centre, Whānau Āwhina, Plunket, Christians Against Poverty, Health Navigator, StarJam and Tū Ora Compass Health

Biodiversity and Childhood Health Study (Massey University) - reminder

Just before the term break the office sent home an information pack about this interesting project to whānau of children aged 6 and over, via child mail. Our school board was provided with a lot of information about this prior and is in support of the study's kaupapa. Perhaps the results will support the creation of natural environments around all schools in this country!



Of course, it is completely up to each family to decide if they are interested in participating in this study. Te Rā School has no involvement other than to distribute the information to our community and we do not share information about our students with Massey University or individual researchers at any point during this research. Please note that if you do not wish to participate, you do not need to opt out or respond.

Here is a message from the Massey team:

Researchers at Massey University are studying how the natural environment affects health in children. The aim of the study is to find out if exposure to greater plant biodiversity may protect against several health conditions including, asthma and allergies.

If your child is **6-11 years old**, the research team would be grateful if you would consider taking part. For this study we need all children - including those who do and those who do not have asthma and allergies.

The study involves completing a questionnaire and your child taking part in a breathing and an allergy test. A smaller number of selected participants will be invited to take part in a second phase of the study, which would involve some further health tests.

To take part in the research, please contact the study team by text (text YES, your name, and your child's name and school to: **021 819 745**), or **return the consent forms** in the invitation pack, which will be given to your child.

If you, or anyone you know would like any further information about the study please click this [link](#), or contact the research team:

Email: asthma@massey.ac.nz

Phone: 0508 ASTHMA (278 462)

Text (SMS): 021 819 745

Fridge and Dryer Needed for the Kindy

The kindy is looking for a slimline fridge and a dryer. If you have one for sale or are giving one away, please contact Carrie in the office or email caroline@tera.school.nz.



FROM THE OFFICE

Reminder - School Apps

In a Civil Defence emergency, it is likely that the cellphone networks might become overloaded and may not work efficiently. Therefore instead of sending bulk texts, we will send out information to parents via School Apps. Please download School Apps to ensure you receive any notifications from the office in an emergency situation.

School Apps is available for Apple and Android.

Absentees

Absentees can now be notified to the school via the School Apps system. We would prefer that absentee information is sent via email, using the app. This system is easy and it saves the information for you to use next time. You can also use the absentee email system to advise if your child will be late to school (although they will still need to sign in when they arrive).

We ask that absentees be notified to the office by 9.00 am each day.



'NO SMART PHONE' PROJECT - let us know this week if you don't have a smartphone

If you do not have a smart phone capable of downloading the School APP or accessing the internet to receive emails, can you please let Maxine in the office know by the end of this week. We need to create a plan of how we would send information to you in an emergency.



----- COMMUNITY NOTICES & ADVERTISING -----

These notices may not reflect the opinions of kindergarten & school

PARENTS COURSE
--- continuing the journey with the Child
Module 1 is completed
Register now for Module 2
(the school child from 7 to puberty)
26th July — 13th September
&/or Module 3
(Puberty to young adult)
20th September — 8th November

VIEW RECORDINGS IN YOUR OWN TIME!
Live sessions on ZOOM each Monday, 7.45 to 9.30p.m. (NZ time)
Professionals working with RudolfSteiner's insights.
A course for all parents , teachers and therapists.
DETAILS ON WEBSITE. PARENTSCOURSE.CO.NZ

Piano Teacher Wanted

Piano teacher wanted (not keyboard), for a beginner pupil. Email michael@snowfield.net.nz, or phone 04 902 1203.

Manual Labour Available

From Irene Cheung – Raphael House

Looking for some likely lads to do all that hard grunt work around your property? Does your garden need a decent weeding? Do you have trees that need to be chopped up and stacked for firewood?

Then look no further!

Raphael House's Upper School Boys Hockey Team are fundraising for their first hockey tournament and are looking for work.

So if you have anything you don't want to do but are willing to pay for willing and enthusiastic labour, then we have the boys for you!

The hockey boys will be available for jobs on weekends till Sunday 22nd August.

Just contact **Billy on 0204 1651 070** for all enquiries.

Any work would be appreciated so call now!



Raphael House Talent Show Postponed

The new date is Thursday 5th August.

Kapiti Basketball

Hoop Club Kapiti – Junior Basketball Coaching Programme – Term 3 2021

Sunday 1 August to Sunday 26 September 2021

Paraparaumu College Community Sportshall, Mazengarb Road, Paraparaumu

9.30 to 10.30am 5 to 7 year olds

10.30 to 11.30am 8 to 10 year olds

11.30 to 12.30pm 11 to 17 year olds

ALL NEW PLAYERS MOST WELCOME

Contact – Angelo Robinson 04 9040142 or contact@hoopclubkaniti.nz

Hoop Club Kapiti – Adult Open Run Scrimmages on Sunday Afternoons

Open Run Adult Basketball Scrimmages

Sundays 3.15 – 5.15pm

Paraparaumu College Community Sportshall, Mazengarb Road

Men & Women of all skill levels WELCOME

Come and have a GO!

Contact – Lindsay 0276194636 or contact@hoopclubkapiti.nz for more information

"Harmonising trauma and stress disorders through arts and movement."

Around the world we are witnessing increasing levels of anxiety, a sense of dislocation and challenging behaviours particularly in the children in our care but also in adults, arising from trauma and stress.

This new course will explore how we can bring *responsive and practical strategies* through the arts and movement to address stress and trauma. It is relevant to parents, teachers and anyone who is interested in how to support children and adults in our work and lives.

Read more and enrol online at:

www.steinerseminar.com (part-time courses)

INFORMATION: +61 03 9876 5199

MELBOURNE RUDOLF STEINER SEMINAR

DIARY OF DATES 2021

2 -20 Aug

Parent/Teacher Interviews for School Classes

Tue 3-Aug

Edith Van der Meer Talk - The Gift of Childhood - How Can We Protect It? 7pm, School Hall

Tue 10-Aug

Information Session For New Whānau 2:30pm

Wed 11-Aug

St John Lantern Festival 6:00pm

Thurs 12-Aug

PP Date St John Lantern Festival 6:00pm

Wed 18-Aug

Kapiti Interschool Junior Winter Tournament Classes 4 and 5

Thurs 19-Aug

Mary Willow Talk - Child Development and Parenting - 7pm in the School Hall

Fri 20-Aug

PP Date Kapiti Interschool Junior Winter Tournament

Mon 23–Fri 27 Aug

Te Wiki o te Mahi Tahī

Mon 30-Aug

Mid Term Break. No School/Kindergarten

Tue 31-Aug

Teacher Development Day - No School (Please Note - Kindergartens Will Be Open)

Tue 7-Sep

Parent Evenings for Korimako, Ruru and Kereru Kindergarten Groups 7:30pm

Kapiti Interschool Senior Winter Tournament Classes 6 and 7

Thurs 9-Sep

PP Date Kapiti Interschool Senior Winter Tournament

Tue 14-Sept

Information Session For New Whānau 2:30pm

Fri 17-Sept

12:30pm Finish for Kindy & School

Sat 18-Sept

Open Day Bring Your Whānau!!!

Fri 1-Oct

Last Day Term 3

Mon 18-Oct

First Day Term 4

Tue 2-Nov

Information Session For New Whānau 2:30pm

Fri 12-Nov

Kapa Haka Fundraising Evening

Mon 22-Nov

November *School Teacher Development Day

(*No school classes. Kindergarten sessions as usual.)

Sat 27-Nov

Advent Wreath-Making

Mon 29-Nov

Raumati Kindergarten Groups Advent Festival

Tue 7-Dec

Information Session for new whānau 2:30pm

Fri 10-Dec

Christmas Market (TBC)

Wed 15-Dec

Last Day for Kindergartens

Thurs 16-Dec


Last Day for School 1:00pm finish

[Our Website](#)



Contact Us

 Facebook

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