

## Sun Protection Policy

### **Rationale:**

Exposure to ultraviolet (UV) radiation in childhood is a major risk factor for developing skin cancer later in life. By implementing a best-practice Sun Protection Policy and practices, Te Rāwhiti can help protect staff and tamariki from UV radiation and instil in tamariki good sun protection care from an early age.

### **Te Whāriki:**

Wellbeing/Mana Atua: Tamariki experience an environment where their health is promoted.

### **Procedures:**

1. Outdoor sun protection practices occur during terms 1 and 4. During these months, the below procedures will be followed at all times when outside:
  - a) Caregivers are encouraged to apply sun block to their tamaiti before arriving at kindergarten and record this in the attendance register for kaiako. If caregivers do not want their child to wear sunscreen or have a specific brand they want used from home, this must be recorded by kaiako.
  - b) The kindergarten's sunblock will be a brand that is approved and tested. Whānau may choose to bring in their own sunscreen for use during the day. This must be labelled and kaiako notified.
  - c) Kaiako will help the tamariki to apply sunblock throughout the day, at least once in the morning and once after lunch if playing outside, to exposed skin.
  - d) Kaiako will keep a daily record of tamariki who have had sunblock applied, and when they are due to have it reapplied.
  - e) When outside tamariki must wear sun hats which protect face, neck and ears at all times. Caregivers are encouraged to bring named wide-brimmed sunhats for their tamariki. If they are unable to, we provide spare hats.
  - f) When outside tamariki will wear appropriate clothing, for example light long-sleeved tops and long trousers. No less than a t-shirt and a nappy/underwear will be worn.
  - g) Adults at the kindergarten are encouraged to model sun safe behaviours by using sun block, hats and appropriate clothing.
  - h) The kindergarten has areas which are permanently shaded in the outdoor environment.
  - i) Kaiako will ensure tamariki have plenty of water to maintain good hydration.

<b>Authorised:</b>	Shelley W
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